

MacOS Boot Key Combinations Cheat sheet for IT Help desks



Apple Silicon CPU

Options mode (recovery, startup, network)

Power button

Safe mode

Select disk, hold **Shift**, press *Continue*

Set default startup volume

Select disk, hold **Option**, press *Continue*

Mac keyboard keys subtitles

 Command key

 Control key

 Option (alt) key

 **ESC** Escape

 Shift key

 Caps Lock key

 **fn** Function key

 Power button

Intel CPU

Recovery mode

Command + R

Recovery mode over internet

Option + Command + R

Shift + Option + Command + R

Reset NVRAM / PRAM

Option + Command + P + R

Startup Manager

Option

Safe Mode

Shift

Diagnostics

D

Diagnostics with network

Option + D

Netboot server (if supported)

N

Single user mode

Command + S

Target disk mode

T

Verbose mode

Command + V